

Public Seminar

## Healing From Within

An Inner Path to Love and your Soul

With **Benig Mauger**, Psychotherapist and Author

**Date:** 12th November 2008 (Wed) **Time:** 7.30 pm - 9.30 pm

**Venue:** Stillorgan Park Hotel **Fee:** €35.00

**Bookings:** [www.seminars.ie](http://www.seminars.ie)

Psychology teaches us that we repeat emotional patterns, and spirituality teaches us that to achieve inner peace we must practice forgiveness and acceptance. How do we do this? Using a unique blend of psychology and spirituality, Jungian psychotherapist and author Benig Mauger will guide you on an inner journey to love and healing. Speaking about her latest book *Love in a Time of Broken Heart-Healing From Within*, Benig will offer a framework for understanding how early imprints are played out in our lives and relationships, how we can heal soul wounds and return to inner wholeness and love.

- Discover the role your early life has in shaping your relationships
- Understand the connection between your love relationships and your spiritual journey
- Using the principles of *Healing From Within*, learn how to heal love wounds
- Turn heartbreak into a sacred initiation to love, healing and wholeness.

**Benig Mauger** is a Jungian psychotherapist, writer and speaker in private practice in Ireland. Author of *Songs from the Womb*, *Reclaiming Father-The Search for Wholeness in Men Women and Children*, and *Love in a Time of Broken Heart-Healing from Within*, she is a pioneer in human consciousness and travels internationally to lecture and run workshops. A frequent speaker at international congresses, she has featured on TV and radio and she is published in Germany, U.S.A., Greece, Russia, and Britain. Her work is featured on her website: [www.soul-connections.com](http://www.soul-connections.com)

Booking and info: [www.seminars.ie](http://www.seminars.ie)

